

# Time Signals for EXTEMPORANEOUS APOLOGETICS (EA)

Sit where speaker can see you well.

## PREP TIME

#### **Time Limit: 5 minutes**

- Set timer to COUNT DOWN.
- Set timer to 5 minutes (5:00).
- Start timer when speaker turns over EA topic card.

# **Verbal Signals for Time Remaining:**

- At **4:00**, say "4 minutes."
- At **3:00**, say "3 minutes."
- At 2:00, say "2 minutes."
- At 1:00, say "1 minute."
- At **0:30**, say "30 seconds."
- At **0:05**, say "5-4-3-2-1-Time."

# SPEAKING TIME

#### **Time Limit: 5 minutes**

- Set timer to COUNT UP.
- Set timer to zero (0:00).
- Start timer when speaker begins to speak.
- Hold hand up high for hand signals so speaker can see them clearly.

## **Hand Signals for Time Remaining:**

- At 1:00, hold up 4 fingers.
- At 2:00, hold up 3 fingers.
- At **3:00**, hold up **2** fingers.
- At **4:00**, hold up **1** finger.
- At **4:30**, hold up **bent** index finger.
- At **4:55**, hold up 5-4-3-2-1 fingers.
- Stop timer when speaker stops speaking.
- Report completed speaking time to Judge(s).

© CCA 2026.1



# Time Signals for IMPROMPTU (IM)

Sit where speaker can see you well.

## PREP TIME

#### **Time Limit: 2 minutes**

- Set timer to COUNT DOWN.
- Set timer to 2 minutes (2:00).
- Start timer when speaker turns over IM quotation card.

# **Verbal Signals for Time Remaining:**

- At **1:30**, say "1 minute 30 seconds".
- At 1:00, say "1 minute".
- At 0:30, say "30 seconds".
- At **0:05**, say "5-4-3-2-1-Time."

## SPEAKING TIME

### **Time Limit: 5 minutes**

- Set timer to COUNT UP.
- Set timer to zero (0:00).
- Start timer when speaker begins to speak.
- Hold hand up high for hand signals so speaker can see them clearly.

# **Hand Signals for Time Remaining:**

- At **1:00**, hold up **4** fingers.
- At **2:00**, hold up **3** fingers.
- At **3:00**, hold up **2** fingers.
- At 4:00, hold up 1 finger.
- At **4:30**, hold up **bent** index finger.
- At **4:55**, hold up 5-4-3-2-1 fingers.
- Stop timer when speaker stops speaking.
- Report completed speaking time to Judge(s).

© CCA 2026.1



# Time Signals for NEWS ANALYSIS (NA)

Sit where speaker can see you well.

# COMBINED PREP & SPEAKING TIME

## **Time Limit: 10 minutes**

- Set timer to COUNT UP from zero.
- Start timer when speaker has opened, unfolded, and looked at the prompt.
- Use verbal signals when speaker is in Prep Time, then switch to hand signals when starts speaking.
- Hold hand up high for hand signals so speaker can see them clearly.

# **Verbal and Hand Signals to Show Time Remaining:**

| Timer<br>Reading as<br>Count Up             | If Speaker is in Prep Time,<br>use VERBAL SIGNALS: | If Speaker has begun speaking,<br>use HAND SIGNALS: |
|---|--|---|
| 1:00  | Say "9 minutes"                                    | NO hand signal given.                               |
| 2:00  | Say "8 minutes"                                    | NO hand signal given.                               |
| 3:00  | Say "7 minutes"                                    | NO hand signal given.                               |
| 4:00  | Say "6 minutes"                                    | NO hand signal given.                               |
| 5:00  | Say "5 minutes"                                    | Hold up 5 fingers.                                  |
| 6:00  | Say "4 minutes"                                    | Hold up 4 fingers.                                  |
| 7:00  | Say "3 minutes"                                    | Hold up 3 fingers.                                  |
| 8:00  | Say "2 minutes"                                    | Hold up 2 fingers.                                  |
| 9:00  | Say "1 minute"                                     | Hold up <b>1</b> finger.                            |
| 9:30  | Say "30 seconds"                                   | Hold up <b>bent</b> index finger.                   |
| 9:55  | • Say "5—4—3—2—1—Time."                            | • Hold up <b>5—4—3—2—1</b> fingers.                 |
| Stop timer when speaker stops speaking.     |  |   |
| Report completed speaking time to Judge(s). |  |   |

Report completed speaking time to Judge(s).

© CCA 2026.1